

MENU



BREAD SPECIALTIES

SEVILLA serrano ham	8,50
multigrain bread with serrano ham, goat cheese, rocket, honey, pesto, thyme and walnuts	
PALOMA albóndigas	8,50
warm panini with homemade beef meatballs in spicy tomato sauce with parsley	
IBIZA club	9,95
spelt sandwich with chicken strips, roasted serrano ham, tomato, rocket, parmesan and basil mayonnaise served with vegetable chips	
BILBAO chicken/avocado	8,50
warm pita bread with red pesto, rocket, chicken strips, mozzarella and avocado	
MADRID chorizo	8,50
warm panini with chorizo, mozzarella, tomato, onion and red bell peppers	
MALAGA tuna	7,95
multigrain bread with homemade tuna salad	
VALENCIA club	10,50
spelt sandwich with salmon, avocado, dill-chives cream cheese, cucumber, lettuce and honey mustard sauce served with vegetable chips	
MARBELLA mango	8,50
pita bread with lime/curry sauce, rocket, avocado, chicken strips, mango and chili flakes	
HAIFA vegan	8,95
pita bread with hummus, vegan cheese, grilled zucchini, red bell pepper and eggplant, avocado and nut crumble	
LEVANT falafel	8,95
pita with beet hummus, spinach, avocado and falafel with vegan dressing	
KRETA chicken filet	6,50
pita bread with tzatziki, cucumber and chicken filet slices	
CORFU club	9,95
spelt sandwich with tzatziki, sweet potato, avocado, tomato, parmesan and nut crumble served with vegetable chips	
NICE salmon	9,95
multigrain bread with cream cheese, salmon, rocket, cucumber, dill and capers	
BOURGOGNE warm goat cheese	8,50
focaccia with warm goat cheese, pear, walnuts, honey and rocket	
DION warm brie	7,50
warm pita with ham, brie and honey mustard sauce	
PARIS brie	8,50
multigrain bread with brie, rocket, ham, cream cheese and sunflower seeds	
TORINO chicken/pesto	8,50
multigrain bread with rocket, tomato, mozzarella, chicken strips and pesto	
PARMA filet americain	7,50
focaccia with filet americain, boiled egg, onion, pepper and salt	
SIENNA gorgonzola	8,50
warm panini with gorgonzola, serrano ham, pesto, sun-dried tomatoes and sunflower seeds	
NAPOLI egg salad	7,50
multigrain bread with homemade egg salad, rocket and parsley	
UMBRIA mozzarella	8,50
multigrain bread with mozzarella, parma ham, pesto, rocket and sunflower seeds	
MILANO caprese	7,95
warm panini with mozzarella, tomato, pesto and sunflower seeds	
ROMA carpaccio	9,95
multigrain bread with carpaccio, rocket, sunflower seeds, pesto and parmesan	
GENOVA	8,50
focaccia with cheese, ham, rocket, red pesto, sun-dried tomatoes and sunflower seeds	
FRESH TODAY	7,50
changing bread specialty—please ask the waiter	

SALADS AND BOWLS

Carpaccio	9,95
tortellini, rocket, carpaccio, sunflower seeds, parmesan and green pesto with mediterranean bread	
Warm Goat Cheese	9,50
rocket, lettuce, warm goat cheese, pear, walnuts, thyme and cranberry compote with mediterranean bread	
Tuna Grilled Vegetables	9,50
rocket, lettuce, tuna, feta, grilled zucchini, red bell pepper and eggplant, red onion, sunflower seeds and basil with mediterranean bread	
Fresh Bowl Veggie	9,50
spinach, avocado, mango, quinoa, cucumber, edamame beans, egg and fresh dressing	
Fresh Bowl Salmon	10,50
spinach, salmon, avocado, mango, cucumber, quinoa, edamame beans and fresh dressing	
Fresh Bowl Chicken	9,95
spinach, chicken strips, avocado, mango, cucumber, quinoa, edamame beans and fresh dressing	
Quinoa Chicken Avocado	9,95
quinoa, rocket, chicken strips, egg salad and avocado with banana bread and honey	
Quinoa Falafel	9,95
quinoa, rocket, lettuce, grilled zucchini, red bell pepper and eggplant, sun-dried tomatoes, nut crumble and vegan dressing with pita bread	
Fruit Salad	4,95
SOUPS	
Sweet Potato Soup	6,50
homemade soup with sweet potato and ginger	
Sweet Potato-Chicken Soup	6,95
homemade soup with sweet potato, chicken and ginger	
Changing Soup	6,50
please ask the waiter	

FRESH BURGERS

Homemade Burger Italian Style	10,95
multigrain bread with beef burger, rocket, onion, basil, parmesan, tomato, roasted serrano ham, homemade burger sauce and vegetable chips	
Homemade Burger Vegan Style	10,95
multigrain bread with mushrooms-lentils burger, rocket, tomato, vegan cheese, basil, homemade burger sauce and vegetable chips	

PITA PIZZA

Pina Jamon	8,50
pita bread with tomato sauce, pineapple, ham, mozzarella and oregano	
Tonno Oliva	8,50
pita bread with tomato sauce, tuna, mozzarella, onion, olives, parmesan and rocket	
Caprese	8,50
pita bread with tomato sauce, mozzarella, sun-dried tomatoes, pesto, sunflower seeds and basil	
Italia	8,50
pita bread with tomato sauce, mozzarella, parma ham, parmesan and rocket	

MENU

BREAKFAST

until 12:00

Banana Breakfast	9,95
homemade banana pancakes with fresh fruit and agave syrup, a fresh smoothie and coffee/tea	
Breakfast Plate 'verwenontbijt' (min. 2 persons)	12,95
breakfast plate with fresh sandwiches, banana yoghurt with fresh fruit, carrot cake, banana bread, a fresh smoothie and coffee/tea	
Breakfast Toast Avocado	9,95
toast with mashed avocado, scrambled egg and chili flakes; with choice of serrano ham or salmon	
Breakfast Bowl Raspberry	6,95
yoghurt, oatmeal, raspberry and banana, toppings: granola, blueberries, banana and coconut flakes	
Breakfast Bowl Mango	6,95
yoghurt, oatmeal, mango and banana, toppings: granola, mango, blueberries, banana, coconut flakes and mint	
Breakfast Bowl Peanutbutter	6,95
yoghurt, peanut butter and banana, toppings: strawberries, peanuts, banana and chocolate flakes	

FRESH TODAY SPECIALS

Bread Tasting (min. 2 persons)	9,95 p.p.
3 different bread specialties selected by the kitchen staff	
Mediterranean Bread Tray	7,95
2 types of bread with aioli, pesto and homemade egg salad or tuna salad	
Tapas Tasting (min. 2 persons)	9,95 p.p.
5 mediterranean tapas with bread, aioli and pesto	
Mini Tea	7,95 p.p.
small pastries with tea (or coffee)	

KIDS MENU

Banana Pancakes with Agave Syrup	5,95
gluten-free and lactose-free	
Kids Combi	7,95
grilled cheese or ham/cheese sandwich, small smoothie and small brownie	
Kids Drink	2,50
small Frisli or chocolate milk	

COFFEE AND TEA

Coffee / Espresso	2,95
Cappuccino / Coffee Latte	3,79
Latte Macchiato	3,95
Cortado	3,59
espresso with milk foam	
Flat White	3,59
double espresso with hot milk and milk foam	
Latte Spring	4,95
latte macchiato with hazelnut syrup and syrup waffle crumbs	
Latte Cocos	4,95
latte macchiato with coconut milk, cinnamon and agave syrup	
Latte Salted Caramel	4,95
latte macchiato with salted caramel syrup, whipped creamed and caramel cubes	
Hot Chocolate	3,79
Chai Latte	4,50
Tea (see tea menu)	3,29
Fresh Mint Tea with Honey	3,79
Fresh Ginger Tea with Lemon and Honey	3,79

Whipped Cream	0,50
Plant-based Milk	0,50



CAKE AND PASTRY

Homemade Brownie	3,75
Homemade Arretjescake	3,75
Homemade Banana Bread + honey	3,75
2 Homemade Scones + jam and whipped cream	3,75
Homemade Apple Pie	4,95
Homemade Carrot Cake	4,95
Homemade Chocolate Cake	5,50
gluten-free and lactose-free	

FRESH SMOOTHIES

Blue Sensation	5,25
blueberries, blackberries, yoghurt and orange juice	
Red Sensation	5,25
strawberries, raspberries, yoghurt and orange juice	
Tropical Sensation	5,25
pineapple, mango, yoghurt and orange juice	
Mint Sensation	5,25
strawberries, banana, mint, yoghurt and orange juice	
Coconut Sensation	5,25
coconut milk, mango, banana and orange juice	
Passion Sensation	5,25
mango passion fruit, yoghurt and orange juice	
Spinach Boost	5,75
spinach, mango, mint and orange juice	
Matcha Boost	5,75
coconut milk, matcha, pineapple, banana, ginger and agave syrup	
Bananoffie	5,75
coffee, banana, yoghurt, cinnamon and dark chocolate	

FRESH JUICES

Orange juice small/large	3,50/4,79
Orange/banana juice	4,95
Orange/strawberry juice	4,95
Orange/passion fruit juice	4,95

COLD DRINKS

Ice Tea lemon/lemongrass	3,49
Ice Tea peach/jasmine	3,49
Appel Juice	3,49
Appel/Pear Juice	3,49
Earth Water still	2,95
Earth Water sparkling	2,95

GUSTO SOFT DRINKS

Real Cola	4,50
Real Cola Cherry	4,50
Sicilian Lemon Yuzu	4,50
Fiery Ginger Chipotle	4,50