MENU

BREAD SPECIALTIES

SEVILLA serrano ham	8,50
multigrain bread with serrano ham, goat cheese, rocket, honey, pesto,	
thyme and walnuts	
PALOMA albóndígas	8,50
warm paníní with homemade beef meatballs in spicy tomato sauce w parsley	NEN
	9 95
spelt sandwich with chicken strips, roasted serrano ham, tomato, rocl	9,95 b <i>e</i> t
parmesan and basil mayonnaise served with vegetable chips	(00)
BILBAO chícken/avocado	8,50
warm píta bread wíth red pesto, rocket, chícken stríps, mozzarella an	d
avocado	
MADRID chorízo	8,50
warm panini with chorizo, mozzarella, tomato, onion and red bell pe	ppers
MALAGAtuna	7,95
multígraín bread with homemade tuna salad	
	.0,50
spelt sandwich with salmon, avocado, dill-chives cream cheese, cucun	nber,
lettuce and honey mustard sauce served with vegetable chips	0 =0
MARBELLA mango pita bread with lime/curry sauce, rocket, avocado, chicken strips, ma	8,50
pitu oreuu with lime/curry suuce, rocket, avocuuo, chicken strips, mu and chili flakes	ngo
HAIFA vegan	8,95
píta bread wíth hummus, vegan cheese, grílled zucchíní, red bell pepp	
and eggplant, avocado and nut crumble	
LEVANT falafel	8,95
píta wíth beet hummus, spínach, avocado and falafel wíth vegan dre:	ssing
KRETA chícken filet	6,50
píta bread with tzatzíkí, cucumber and chícken filet slíces	
	9,95
spelt sandwich with tzatziki, sweet potato, avocado, tomato, parmesa	n and
nut crumble served with vegetable chips	0.05
NICE salmon multigrain bread with cream cheese, salmon, rocket, cucumber, dill a	9,95 24 d
capers	11001
BOURGOGNE warm goat cheese	8,50
focaccía with warm goat cheese, pear, walnuts, honey and rocket	
	7,50
warm píta wíth ham, bríe and honey mustard sauce	
PARIS brie	8,50
multigrain bread with brie, rocket, ham, cream cheese and sunflower	seeds
TORINO chicken/pesto	8,50
multigrain bread with rocket, tomato, mozzarella, chicken strips an	d pesto
PARMA filet americain	7,50
focaccía with filet americain, boiled egg, onion, pepper and salt	
SIENNA gorgonzola	8,50
warm paníní wíth gorgonzola, serrano ham, pesto, sun-dríed tomatoes and sunflower seeds	
	7 EA
NAPOLI egg salad multigrain bread with homemade egg salad, rocket and parsley	7,50
umbria mozzarella	8,50
multígraín bread with mozzarella, parma ham, pesto, rocket and	8,00
sunflower seeds	
MILAND caprese	7,95
warm paníní wíth mozzarella, tomato, pesto and sunflower seeds	
ROMA carpaccío	9,95
multígraín bread with carpaccío, rocket, sunflower seeds, pesto and p	arme-
san	
GENOVA	8,50
focaccía with cheese, ham, rocket, red pesto, sun-dried tomatoes and s	sun-
flower seeds	
FRESHTODAY	7,50
changing bread specialty—please ask the waiter	



SALADS AND BOWLS

Carpacóo 9,95 tortellini, rocket, carpaccio, sunflower seeds, parmesan and green pesto Warm Goat Cheese 9,50 rocket, lettuce, warm goat cheese, pear, walnuts, thyme and cranberry 9,50 rocket, lettuce, tuna, feta, grilled zucchíni, red bell pepper and egoplant, 9,50 rocket, lettuce, tuna, feta, grilled zucchíni, red bell pepper and egoplant, 9,50 rocket, lettuce, tuna, feta, grilled zucchíni, red bell pepper and egoplant, 9,50 spinach, avocado, mango, quinoa, cucumber, edamame beans, egg and 9,50 spinach, avocado, mango, cucumber, quinoa, edamame beans and 9,50 spinach, salmon, avocado, mango, cucumber, quinoa, edamame beans and 9,55 spinach, chicken strips, avocado, mango, cucumber, quinoa, edamame beans and 9,55 spinach, chicken Avocado 9,95 quinoa, rocket, lettuce, grilled zucchíní, red bell pepper and egoplant, sun- 9,95 quinoa, rocket, lettuce, grilled zucchíní, red bell pepper and egoplant, sun- 9,95 quinoa, rocket, lettuce, grilled zucchíní, red bell pepper and egoplant, sun- 9,95 quinoa, rocket, lettuce, grilled zucchíní, red bell pepper and egoplant, sun- 9,95 quinoa, rocket, lettuce, grilled zucchíní, red bell pepper and egoplant, sun- 9,55 SOULPS 6,50 <th></th> <th></th>		
with mediterranean bread 9,50 vocket, lettuce, warm goat cheese, pear, walnuts, thyme and cranberry compote with mediterranean bread 9,50 Tuna Grilled Vegetables 9,50 rocket, lettuce, tuna, feta, grilled zucchini, red bell pepper and egoplant, red onion, sunflower seeds and basil with mediterranean bread 9,50 Fresh Bowl Veggie 9,50 spinach, avocado, mango, quinoa, cucumber, edamame beans, egg and fresh dressing 9,50 Fresh Bowl Salmon 10,50 spinach, salmon, avocado, mango, cucumber, quinoa, edamame beans and fresh dressing 9,95 Fresh Bowl Chicken 9,95 guinoa, rocket, chicken strips, avocado, mango, cucumber, quinoa, edamame beans and fresh dressing 9,95 Quinoa Chicken Avocado 9,95 quinoa, rocket, chicken strips, egg salad and avocado with banana bread and honey 9,95 Quinoa, rocket, lettuce, grilled zucchini, red bell pepper and egoplant, sundried tomatees, nut crumble and vegan dressing with pita bread 4,95 SOULPS \$\$ \$\$ Sweet Potato Soup \$\$ \$\$ Nonemade soup with sweet potato and ginger \$\$ \$\$ Sweet Potato-Chicken Soup \$\$ \$\$ \$\$ Nonemade soup with sweet potato, chicken and ginger <td< td=""><td></td><td></td></td<>		
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Changing Soup 6,50		
please ask the waiter		6,50
	please ask the waiter	

FRESHBURGERS

omemade Burger Italían Style	10,95
ultígraín bread with beef burger, rocket, oníon, basíl, j	parmesan, tomato,
asted serrano ham, homemade burger sauce and veget	able chíps
omemade Burger Vegan Style	10,95
ultígraín bread with mushrooms-lentíls burger, rocke	t, tomato, vegan
eese, basil, homemade burger sauce and vegetable chip	S
ultigrain bread with mushrooms-lentils burger, rocke	t, tomato, vegan

PITA PIZZA

PínaJamon	8,50
píta bread with tomato sauce, píneapple, ham, mozzarella and oregan	NO
Tonno Olíva	8,50
píta bread with tomato sauce, tuna, mozzarella, oníon, olíves, parme	san
and rocket	
Caprese	8,50
pita bread with tomato sauce, mozzarella, sun-dried tomatoes, pesto,	sun-
flower seeds and basil	
Italía	8,50
píta bread with tomato sauce, mozzarella, parma ham, parmesan an rocket	d

MENU

BREAKFAST	untíl 12:00
Banana Breakfast	9,95
homemade banana pancakes with fresh fruit and agave syr	'up, a fresh
smoothíe and coffee/tea	
Breakfast Plate 'Verwenontbíjt' (mín. 2 persons)) 12,95
breakfast plate with fresh sandwiches, banana yoghurt with	n fresh fruít,
carrot cake, banana bread, a fresh smoothie and coffee/tea	
Breakfast Toast Avocado	9,95
toast with mashed avocado, scrambled egg and chili flakes; serrano ham or salmon	with choice of
Breakfast Bowl Raspberry	6,95
yoghurt, oatmeal, raspberry and banana, toppings: granola	
banana and coconut flakes	
Breakfast Bowl Mango	6,95
yoghurt, oatmeal, mango and banana, toppings: granola, n	nango,
blueberries, banana, coconut flakes and mint Breakfast Bowl Peanutbutter	6,95
yoghurt, peanut butter and banana, toppings: strawberries,	
nana and chocolate flakes	
FRESH TODAY SPECIALS	
Bread Tasting (min. 2 persons)	<i>9,95</i> p.p.
3 different bread specialties selected by the kitchen staff	
Medíterranean Bread Tray 2 types of bread with aíolí, pesto and homemade egg salad or	7.95
Z cypes of oread with dout, pesto and homendate egg satur of Tapas Tasting (min. 2 persons)	,95 р.р.
5 mediterranean tapas with bread, aioli and pesto	<i>50</i> ° F'F'
Míní Tea	7,95 p.p.
small pastries with tea (or coffee)	
KIDS MENU	= ^ -
Banana Pancakes with Agave Syrup gluten-free and lactose-free	5,95
Kíds Combí	7,95
grilled cheese or ham/cheese sandwich, small smoothie and s	
Kíds Drínk	2,50
small Frístí or chocolate mílk	
COFFEE AND TEA	
Coffee / Espresso	2,95
Cappuccíno / Coffee Latte	-,79 3,79
Latte Macchíato	3,95
Cortado	3,59
espresso with milk foam	
Flat White	3,59
double espresso with hot milk and milk foam Latte Spring	4,95
latte macchiato with hazelnut syrup and syrup waffle crum	
Latte Cocos	4,95
latte macchiato with coconut milk, cinnamon and agave sy	rup
Latte salted Caramel	4,95
latte macchiato with salted caramel syrup, whipped creamed cubes	una caramel
Hot Chocolate	3,79
Chai Latte	4,50
Tea (see tea menu)	3,29
Fresh Mint Tea with Honey	3,79
Fresh Ginger Tea with Lemon and Honey	3,79
Whipped Cream	0.50
Plant-based Mílk	0.50



Fiery Ginger Chipotle

CAKE AND PASTRY	
Homemade Brownie	3,75
Homemade Arretjescake	3,75
Homemade Banana Bread + honey	3,75
2 Homemade Scones + jam and whipped cream	3,75
Homemade Apple Píe	4,95
Homemade Carrot Cake	4,95
Homemade Chocolate Cake	5,50
gluten-free and lactose-free	
FRESH SMOOTHIES	
Blue Sensation	5,25
blueberries, blackberries, yoghurt and orangejuice	
Red Sensation	5,25
strawberries, raspberries, yoghurt and orange juice	
Tropical Sensation	5,25
pineapple, mango, yoghurt and orange juice	
Mint Sensation	5,25
strawberries, banana, mint, yoghurt and orange juice	
Coconut Sensation	5,25
coconut milk, mango, banana and orange juice	
Passion Sensation	5,25
mango passion fruit, yoghurt and orange juice	
Spínach Boost	5,75
spínach, mango, mínt and orange juíce	
Matcha Boost	<i>5,75</i>
Matcha Boost coconut milk, matcha, pineapple, banana, ginger and agave s	yrup
Matcha Boost coconut milk, matcha, pineapple, banana, ginger and agave s Bananoffie	
Matcha Boost coconut milk, matcha, pineapple, banana, ginger and agave s	yrup
Matcha Boost coconut milk, matcha, pineapple, banana, ginger and agave s Bananoffie coffee, banana, yoghurt, cinnamon and dark chocolate	yrup
Matcha Boost coconut milk, matcha, pineapple, banana, ginger and agave s Bananoffie coffee, banana, yoghurt, cinnamon and dark chocolate FRESHJUICES	угир 5,75
Matcha Boost coconut milk, matcha, pineapple, banana, ginger and agave s Bananoffie coffee, banana, yoghurt, cinnamon and dark chocolate FRESHJUICES Orange juice small/large	угир 5,75 3,50/4,79
Matcha Boost coconut milk, matcha, pineapple, banana, ginger and agave s Bananoffie coffee, banana, yoghurt, cinnamon and dark chocolate FRESHJUICES Orange juice small/large	угир 5, 75 3,50/4,79 4,95
Matcha Boost coconut milk, matcha, pineapple, banana, ginger and agave s Bananoffie coffee, banana, yoghurt, cinnamon and dark chocolate FRESHJUICES Orange juice small/large Orange/banana juice Orange/strawberry juice	9740 5,75 3,50/4,79 4,95 4,95
Matcha Boost coconut milk, matcha, pineapple, banana, ginger and agave s Bananoffie coffee, banana, yoghurt, cinnamon and dark chocolate FRESHJUICES Orange juice small/large	угир 5, 75 3,50/4,79 4,95
Matcha Boost coconut milk, matcha, pineapple, banana, ginger and agave s Bananoffie coffee, banana, yoghurt, cinnamon and dark chocolate FRESHJUICES Orange juice small/large Orange/banana juice Orange/strawberry juice Orange/passion fruit juice	9740 5,75 3,50/4,79 4,95 4,95
Matcha Boost coconut milk, matcha, pineapple, banana, ginger and agave s Bananoffie coffee, banana, yoghurt, cinnamon and dark chocolate FRESHJUICES Orange juice small/large Orange/banana juice Orange/strawberry juice	9744 5,75 3,50/4,79 4,95 4,95 4,95
Matcha Boost coconut milk, matcha, pineapple, banana, ginger and agave s Bananoffie coffee, banana, yoghurt, cinnamon and dark chocolate FRESHJUICES Orange juice small/large Orange/banana juice Orange/banana juice Orange/strawberry juice Orange/passion fruit juice COLD DRINKS	9744 5,75 3,50/4,79 4,95 4,95 4,95 3,49
Matcha Boost coconut milk, matcha, pineapple, banana, ginger and agave s Bananoffie coffee, banana, yoghurt, cinnamon and dark chocolate FRESHJUICES Orange juice small/large Orange/banana juice Orange/banana juice Orange/passion fruit juice COLD DRINKS Ice Tea Lemon/Lemongrass Ice Tea peach/jasmine	5,75 5,75 5,75 3,50/4,79 4,95 4,95 4,95 3,49 3,49
Matcha Boost coconut milk, matcha, pineapple, banana, ginger and agave s Bananoffie coffee. banana, yoghurt, cinnamon and dark chocolate FRESHJUICES Orange juice small/large Orange/banana juice Orange/banana juice Orange/passion fruit juice COLD DRINKS Ice Tea lemon/lemongrass Ice Tea peach/jasmine AppelJuice	9742 5,75 3,50/4,79 4,95 4,95 4,95 3,49 3,49 3,49
Matcha Boost coconut milk, matcha, pineapple, banana, ginger and agave s Bananoffie coffee, banana, yoghurt, cinnamon and dark chocolate FRESHJUICES Orange juice small/large Orange/banana juice Orange/banana juice Orange/passion fruit juice COLD DRINKS Ice Tea Lemon/Lemongrass Ice Tea peach/jasmine Appel Juice	5,75 5,75 5,75 5,75 4,95 4,95 4,95 3,49 3,49 3,49 3,49
Matcha Boost coconut milk, matcha, pineapple, banana, ginger and agave s Bananoffie coffee. banana, yoghurt, cinnamon and dark chocolate FRESHJUICES Orange juice small/large Orange/banana juice Orange/banana juice Orange/passion fruit juice Orange/passion fruit juice COLD DRINKS Ice Tea lemon/lemongrass Ice Tea peach/jasmine AppelJuice Earth Water still	5,75 5,75 5,75 5,50/4,79 4,95 4,95 4,95 3,49 3,49 3,49 3,49 2,95
Matcha Boost coconut milk, matcha, pineapple, banana, ginger and agave s Bananoffie coffee, banana, yoghurt, cinnamon and dark chocolate FRESHJUICES Orange juice small/large Orange/banana juice Orange/banana juice Orange/passion fruit juice COLD DRINKS Ice Tea Lemon/Lemongrass Ice Tea peach/jasmine Appel Juice	5,75 5,75 5,75 5,75 4,95 4,95 4,95 3,49 3,49 3,49 3,49
Matcha Boost coconut milk, matcha, pineapple, banana, ginger and agave s Bananoffie coffee, banana, yoghurt, cinnamon and dark chocolate FRESHJUICES Orange juice small/large Orange/banana juice Orange/banana juice Orange/passion fruit juice Orange/passion fruit juice COLD DRINKS Ice Tea lemon/lemongrass Ice Tea peach/jasmine Appel Juice Earth Water still Earth Water sparkling	5,75 5,75 5,75 5,50/4,79 4,95 4,95 4,95 3,49 3,49 3,49 3,49 2,95
Matcha Boost coconut milk, matcha, pineapple, banana, ginger and agave s Bananoffie coffee. banana, yoghurt, cinnamon and dark chocolate FRESHJUICES Orange juice small/large Orange/banana juice Orange/banana juice Orange/passion fruit juice COLD DRINKS Ice Tea Lemon/Lemongrass Ice Tea Lemon/Lemongrass Ice Tea peach/jasmine Appel Juice Earth Water still Earth Water sparkling GUSTO SOFT DRINKS	5,75 5,75 5,75 5,50/4,79 4,95 4,95 4,95 3,49 3,49 3,49 2,95 2,95
Matcha Boost coconut milk, matcha, pineapple, banana, ginger and agave s Banawoffie coffee, banana, yoghurt, cinnamon and dark chocolate FRESHJUICES Orange juice small/large Orange/banana juice Orange/banana juice Orange/passion fruit juice Orange/passion fruit juice COLD DRINKS Ice Tea lemon/lemongrass Ice Tea peach/jasmine Appel Juice Earth Water still Earth Water sparkling GUSTO SOFT DRINKS Real Cola	5,75 5,75 5,75 5,75 4,95 4,95 4,95 3,49 3,49 3,49 2,95 2,95 4,50
Matcha Boost coconut milk, matcha, pineapple, banana, ginger and agave s Bananoffie coffee. banana, yoghurt, cinnamon and dark chocolate FRESHJUICES Orange juice small/large Orange/banana juice Orange/banana juice Orange/passion fruit juice Orange/passion fruit juice COLD DRINKS Ice Tea Lemon/Lemongrass Ice Tea peach/jasmine Appel Juice Earth Water still Earth Water sparkling GUSTO SOFT DRINKS	5,75 5,75 5,75 5,50/4,79 4,95 4,95 4,95 3,49 3,49 3,49 2,95 2,95

4.50